





FRIDAY MORNING'S
COMMUNITY BANK
EXCHANGE RATES
BUYING: \$1=\frac{2}{2}111.5E1.1ING: \frac{2}{2}117=\frac{2}{2}1

Cops move functions to Gate 1 center

By Staff Sgt. Jason Lake 18th Wing Public Affairs

Getting a pass for your family visiting from the states just got a little bit easier.

The 18th Security Forces pass and registration section packed up their equipment in buildings 721 and 340 and moved into the Gate 1 Visitor Control Center Sept. 30.

According to Tech. Sgt. Stacy Reeves, 18th SFS pass and registration NCO-incharge, the move creates streamlined one-stop service for customers.

"Those who have family or friends visiting from off-island can arrive at the gate during duty hours and get a pass for the length of the entire visit," she said. "This reduces the double effort in the past that required guests to get signed in for a one day pass at the gate and then come to building 721 for a long-term pass."

Sergeant Reeves said the same rule applies for those needing a long-term vehicle pass for rental cars or loaner cars from a repair shop.

To request a long term guest pass (more than 24 hours), Sergeant Reeves said guests simply need to bring their passport and plane tickets to the pass and registration office during duty



ir Force/Staff Sgt. Chyrece Campbell

Senior Airman Monte McNeil, 18th Security Forces Squadron, with his wife, Holly and 2 month old daughter, Renna, get a pass from Nariaki Higa as Senior Airman Alex Jones and Airman Carrie Conklin, 18th SFS, move computers and office supplies into the new visitor center at Gate 1.

hours

The new office also issues SOFA driver's licenses, restricted area badges, and Geneva Convention Cards for medical staff, and processes special event base access requests.

The Japanese contractor pass office is located next door to pass and registration for workers needing daily contractor

passes.

One of the services that pass and registration does not do is process or create military identification cards or passports.

"Identification cards and passports are made at the military personnel flight, building 721," Sergeant Reeves said

AAFES boosts gas prices to \$2.50 per gallon

Army and Air Force Exchange Service gas prices on Okinawa and mainland Japan rose from \$2.03 to \$2.50 for mid-grade gas and from \$2.05 to \$2.52 for diesel Tuesday.

On Oct. 1, the Defense Energy Supply Center raised the price AAFES pays for gas from \$1.79 to \$2.20. Recent discussions between AAFES and U.S. Forces Japan resulted in AAFES holding profits at 13.9 percent until the gas pricing policy is discussed again next month.

AAFES utilized the pre-Hurricane Katrina Department of Energy's average of \$2.68 for mid-grade gas.

The new price of \$2.50 still saves customers 18.9 cents on every gallon.

AAFES Public Affairs

CFC kicks off Oct. 17

Participants eligible to win prizes

By Staff Sgt. Jason Lake 18th Wing Public Affairs

Besides donating for a good cause, Kadena residents participating in this year's Combined Federal Campaign may also be eligible to win prizes.

The 2005 Combined Federal Campaign is scheduled to kick off at Kadena Oct. 17. The fundraiser for more than a thousand different charities will continue through Dec. 15.

Participants in this year's campaign may be eligible to win a new car, airline tickets or a \$1,000 savings bond (visit http://www.cfcoverseas.org, or contact a unit representative for more details).

Capt. Jon Daur, CFC chairman and 623rd Air Control Squadron director of operations, said the goals for this year's campaign are to raise \$455,000 in contributions, make contact with all base units before Nov. 15, and influence at least 50 percent of the eligible base population to participate.

Campaign organizers raised \$414,000 last year – \$27,000 of which went back into Kadena family support and youth programs.

This year, participants have the option to donate to international organizations, local family support and youth programs, or hurricane relief organizations (listed at www.cfcoverseas.org/katrinarelief/index.php).

See CFC, Page 4

Ready 'today' for combat ops



Air Force/Staff Sgt. Chyrece Campbel

Lt. Gen. Bruce Wright, 5th Air Force and U.S. Forces Japan commander, thanks Kadena Airmen for achieving high aircraft maintenance and operations goals as Brig. Gen. Jan-Marc Jouas, 18th Wing commander, looks on during a picnic at Marek Park Sept. 30. Standing in the background are (left) Capt. Dominic Clementz, 18th Component Maintenance Squadron, and Staff Sgt. Lena Wolfley, 18th Maintenance Operations Squadron. See Page 5 for more details.

BASE HOLDS MAMMOTH BLOOD DRIVE, SEE PAGE 7

Lead by example

Comptroller discusses importance of proper time, finance management

By Lt. Col. Joel Speight

18th Comptroller Squadron commander

When I think about the effective, productive people who have positively influenced me over the years, there are two characteristics they all have in common. Each mentor was very good at managing time and managing money. I think most would agree those who can master these skills increase the likelihood of achieving more in life.

Have you ever explored the relationship between time and money? One universal connection is that every moment of everyday, awake or asleep, we spend time or money or both of these precious resources.

Show me an individual who consistently takes an undisciplined approach to time and money management, and I

will show you someone who has not reached their potential. It goes without saying that productive people are good time managers, and disciplined spenders are more likely to be debt free.

A second universal connection is that effective time and money management require the same disciplined decision making skill of evaluating the consequences and choosing the most beneficial course of action. Some of the questions successful time and money managers ask themselves constantly are: "What time is it? What is on the schedule or my list of things to do, and am I accomplishing these tasks? Is the activity I am about to undertake helping me achieve my prioritized goals? If I make this purchase, how does this affect my ability to realize my future financial

Whether we are willing to admit it or not, we are all spenders and on occasion time wasters. How capable you are at spending time and money depends on your ability to evaluate investment opportunities as they relate to your future plans.

There is a simple way to personally assess your time and money management skill level. Reflect on the past five years of your life and ask yourself, am I today where I planned I would be five years ago? Then reflect on the past six months, and quickly write down your top five achievements enabling you to realize personal success. Are you a good time and money manager?

Master time and money management so you can be an effective, productive person who positively influences

and drive

since the last DUI arrest on Kadena 60 days = 18th Wing 'Down Day'



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Brig. Gen. Jan-Marc Jouas 18th Wing commander

The 18th Wing is very interested in ideas that can make Kadena an even better place to live, work and play. If you have a concern that you have been unable to resolve through normal chains of command, then we'll look into it. Although not required, it's better to give commanders, first sergeants or the agencies with which you have the concern the opportunity to correct the situation first. When that fails, send us an e-mail. Include your name and telephone number so someone can get back to you, and a brief summary of vour concern.

Ticket dispute

I was traveling on Route 58 toward the U.S. Consulate in Naha. The map provided by the military personnel flight showed the McDonald's landmark and that the next intersection, Route 34, was the road I needed to turn on. I was riding in the middle lane and shortly noticed I needed to turn into the bus lane in order to make the turn onto Route 34. As I pulled into the lane to turn, I looked ahead a short distance and noticed a single Japanese police officer waiving me into a parking lot. None of the officers spoke sufficient English and I attempted to show them the map I had, as well as explain why I needed to turn. After 10 minutes of explaining that I wanted to speak with someone who knew English, all I got was them forcing me to sign a blue form in Japanese. I explained I could not sign something I could not read because it may mandate a court appearance or the following of certain restrictions. After another five minutes an officer finally provided me with an English printout explaining the ticket and the fine amount. I spoke with the legal office and police liaison on Kadena about how unjust I thought the ticket was. I still had to pay the ticket because it would cost me approximately ¥60,000 to appeal it in court with a lawyer. There is no justice in this situation if individuals know they are driving safely and still receive a ticket with no options other than signing for it and paying the fine. The other option would be more expensive or possibly result in jail time for refusal to sign a document that can't be read. Is there any way for SOFA status

personnel to dispute a ticket without paying any fees?

Thanks for your letter. The Japanese legal system for enforcing traffic laws is actually quite similar to our American system. As such, regardless of how conscientious we are, most of us will receive a traffic ticket during our driving careers, whether in Japan or the United States. The language barrier made your contact with Japanese police more awkward and difficult than had it occurred in the United States, but the procedures are very similar. Much like the American system. the local police require a signature to show receipt of a ticket. This in no way admits guilt, but instead puts you on notice that you are accused of violating a traffic regulation.

Just like back home, you have two choices after you receive a ticket: admit guilt and pay a small fine, or contest the ticket in court, which usually results in a lengthier and more expensive court process. The Kadena Law Center can assist you in finding a Japanese attorney on Okinawa if you decide to challenge this ticket in court, or if you just want some legal advice from a local attorney about whether you could win such a challenge. Without knowing all the facts regarding your incident - that is, the police officer's side of the story - it's hard to determine if you were wronged or not, and what your best course of action is at this point. However, if you feel strongly enough that you were unjustly ticketed you can pursue this matter in court, which is the extent of your SOFA entitlement.

HOGUN WARRIOR OF THE WEEK



Senior Airman Stephanie Gomez 67th Fighter Squadron

Hometown: Rio Rancho, N.M.

Reason for nomination: Airman Gomez led the intelligence shop through a critical pre-deployment process in the absence of the officer-in-charge and ensured 100 percent combat mission readiness and training compliance in less than two weeks -- saving more than 30 man-hours.

Time at Kadena: 3 years

Editor's note: Shogun Warriors are selected by unit leaders for their outstanding value to their unit and dedication to the Kadena mission. To nominate someone, send the name of your nominee to your unit commander or senior enlisted leaders.

NEWS
AN OPINION? CALL US AT 634-5685 TO GET IT IN PR



Stressing fire prevention



Air Force/Staff Sqt. Chyrece Campbell

Brig. Gen. Jan-Marc Jouas, 18th Wing commander, signs a proclamation Sept. 28 designating next week as Fire Prevention Week. Waiting to post the signed proclamation are Lt. Col. James Allen, 18th Civil Engineer Squadron commander, Sparky the Fire Dog, Chief Master Sgt. Kevin Remedies, 18th CES fire chief, Smokey the Bear, Tech. Sgt. Stephen Patch, 18th CES, and Yasunori Uezu, 18th CES. Some of the activities next week include station tours, school visits and a kickoff display at the base exchange this Saturday from 10 a.m. to 2 p.m.

DON'T DRNK AND DRIVE Did you know -- More than two million alcohol impaired driving collisions occur each year. Plan ahead or call Airmen Against Drunk Driving at 634-2233.

JEWISH HIGH HOLY DAYS: Jewish services will be held on the following dates, times and locations:

- Shabbat Shuvah: today at 8 p.m. at the Camp Foster Main Chapel.
- Kol Nidre: Wednesday at 7 p.m. at the Foster Main Chapel.
- \bullet Yom Kippur: Thursday at 9 a.m. at the Foster Main Chapel.
- Yom Kippur Torah Study: Thursday at 12:30 p.m. at the Foster Main Chapel.
- Yom Kippur Pot-Luck Break-thefast: Thursday at approximately 6 p.m. in the Foster Chapel's multi-purpose room.
- Yizkor/Neilah Service: Thursday at 5 p.m. in Foster Chapel's multi-purpose room.

FUN RUN: The Joint Services Domestic Shelter sponsors the 2nd annual Domestic Violence Awareness 5K fun run/walk Saturday at the Camp Lester Middle School courtyard. Registration is free and T-shirts will be given out. The event will also feature prize giveaways and information booths to help raise domestic violence awareness. Schedule of events:

Registration – 6:30 a.m. Opening remarks – 7:30 a.m. Run/walk start – 8:15 a.m. Closing ceremony – 9:15 a.m.

BLOOD DRIVE: The Armed Services Blood Bank sponsors a blood drive Wednesday from 9 a.m. to 1 p.m. at the VFW Post located inside the Kadena USO. For more information, contact Tracy Parmer at 643-7710

JAPANESE CENSUS: The Japanese government initiated a national census on Oct. 1, which excludes members of the U.S. armed forces, civilian component and family members as defined in the Status of Forces Agreement. However, census takers may still visit military members residing off-base. SOFA members visited by census takers must show identifi-

cation cards to be distinguished from persons subject to the national census.

SEXUAL ASSAULT HEPLINE: Sexual assault victims can report crimes in two manners — restricted reporting (confidential) or unrestricted reporting (investigation begins immediately) to the sexual assault response coordinator by calling 634 SAPC

CLIMATE ASSESSMENT: Airmen at Kadena can participate in the annual Air Force climate assessment survey until Nov. 23. The survey can be found at the following web site: https://afclimatesurvey.af.mil

HOLIDAY MAILING DEADLINES: Below are the Christmas holiday mailing deadlines: Space available mail, Nov. 19 Priority mail, Nov. 26 First class letters/cards, Dec. 3 Express mail, Dec. 14

KADENA VETERINARY HOURS: The Kadena Veterinary Service clinic has changed its hours of operation to the following:

- Monday-Wednesday, 8 a.m. to 5 p.m. •Thursday, 1 to 5 p.m. (no appointments)
- Friday, 8 a.m. to 5 p.m.
- Saturday, 8 a.m. to noon

The clinic closes for inventory on the last weekday of each month.

SECURITY/POLICY REVIEW: Any job-related articles or other documents, or photographs, submitted by military members to publishers for public release must be first reviewed by the supporting public affairs office. The intent is to ensure material sent for publishing by external magazines, books, public Web pages, etc., complies with Air Force, Department of Defense and U.S. Government policy. For more information, contact 18th Wing Public Affairs at 634-1509

SURVIVOR BENEFIT PLAN: Retiring service-members, who need to build an estate to protect their families from the loss of retirement benefits if they die can use the SBP as an option. For more information on the SBP, call Glenn Rucker at 634-3228.

Anyone got some aspirin?

By Chief Master Sgt. Clinton Camac 18th Wing Command Chief Master Sergeant

Editor's Note: Tales of the Tape is a six-part series about the pursuit by Kadena's top enlisted leader to improve his overall fitness score on the Air Force physical fitness test and achieve a healthier lifestyle. In the last installment, Chief Camac sought advice from Kadena's Health and Wellness Center before starting a new diet and fitness routine. This week, here's his

report:

Before I even got started on my new fitness schedule, I was thrown my first curve ball: a power outage.

The outage was not only in housing but the fitness center, too! But, despite those minor setbacks, I was still able to get my first workout on Sept. 26.

For now, I'm alternating between the elliptical trainer (the thing that looks like you're cross-

country skiing), the treadmill (the machine with the big belt) and the stationary bike (I prefer the model that still looks like a bike instead of a chair with pedals).

Once my body is conditioned better, I'll move outside to the track. But for now, it's strictly an inside job.

My first three days were tough. I had headaches the first couple of nights. For me, this was a sign my body is adjusting to the new diet and a fitness regime that begins with a 4:30 wakeup, six days a

Gone -- so far -- is my regular intake of junk food. But the cravings -- for hotdogs, Starbucks mocha and old-fashioned donuts -- still remain

week

While I've been able to stick to the new diet and fitness regime, the most difficult part of my new routine has been fitting fitness and a new way of eating into my daily schedule. I always find a way to sqeeze in weight training every other day in the afternoon. In a

week or so, I'll bump that up to five days a week.

Instead of three daily meals peppered with a healthy dose of junk food, I'm now eating six small meals three hours apart.

Because of the various commitments to attend functions and meetings around the base, setting aside time to eat every three hours has been the toughest part of my new routine. I'm using a daily planner to stay on top of this.

I just can't let go of my morning

coffee. So, I'm limiting myself to two cups in the morning with fat-free flavoring and no sugar. I've cut the numerous cups of coffee -- with heaping spoonfuls of powdered creamer -- and have substituted the java with water.

I'm now drinking lots and lots of water.

Really, I mean...lots of water...about 8-10 bottles per day.

One night, I almost caved in. Couldn't sleep,

so I got up to watch TV. I was hungry, had a headache and was bored. The kitchen was full of good things. Before I succumbed to the power of crackers and popcorn, I rationalized it

I fought it.

PART 2 OF A

6-PART SERIES

I won.

I celebrated by drinking more water.

For now I have more energy. And frankly, I'm going to need it.

My next challenge is a four-day reunion on leave in Hawaii with some old buddies who'll pressure me to knock some drinks back, follwed by a week-long conference in the U.S. that will put a real crimp in my three-hour eating routine.

Remember all those great eating places in the United States? Unfortunately, they'll be right down the street.

Thanks to everyone who has approached me and encouraged me on my new pursuit for a healthier lifestyle.

For now, I've got to go...my water bottle needs refilling.

HISPANIC HERITAGE EVENTS

The following events are taking place in celebration of Hispanic Heritage Month:

- Reading to children -- Volunteers are needed to read during story-time at Kadena, Amelia Earhart and Bob Hope Elementary Schools until Oct. 14. Interested volunteers may contact Gabi Atwood at 632-3521.
- Hispanic heritage banquet/dance -- The banquet will be held Saturday in the Rocker NCO Club main ballroom starting at 6 p.m. A guest speaker, dancers and live music will be featured. Contact Gabi Atwood for tickets or to get more information.
- Hispanic heritage festival -- The festival is scheduled for Oct.
 15 from 10 a.m. to 2 p.m. at Marek Park.



CFC: Organizers aim for \$455k goal

Continued from Page 1

"If people want to donate to the [hurricane] relief funds they'll need to do so by cash or check," explained Senior Master Sgt. Stuart Jenkins, CFC co-chairman and 718th Aircraft Maintenance Squadron aircraft maintenance unit superintendent.

While stressing that participation in the CFC is not mandatory, Sergeant Jenkins said that a lot of people would get the help they needed if evervone on base made a small contribution.

"We would really like to see everyone participate, even if it's only a dollar," he said. "There are more than 1 700 different agencies listed this year. There should be a cause everyone can feel good about giving to."

For more information

This year's CFC unit representatives are:

18th Wing staff agencies - Chaplain (Capt.) Richard Tatum

18th Operations Group - 1st Lt. Sean Ames

18th Maintenance Group - 1st Lt. Michael Blaisdell

18th Mission Support Group - Master Sgt. Tiffany Berard

18th Medical Group - 1st Lt. Perry Johns

18th Civil Engineer Group - 2nd Lt. Kyle DeThomas 353rd Special Operations Group - Master Sgt. Elaine Cole

Associate units - 1st Lt. Steven Curtis

DoD Dependent Schools - Teresa Thiele

In addition to prizes, individuals and units that participate in this year's CFC are eligible for awards based on the amount of money donated and unit participation percentage. Bronze awards will be given to units with 40 percent participation or an average contribution of \$60 per person; Silver goes to units

with at least 50 percent participation or an average contribution of \$90 per person; Gold to units with at least 60 percent participation or an average contribution of \$120 per person, and Platinum to units with 85 percent or greater participation or an average contribution of \$200

Congratulations to the following majors recently selected for promotion to lieutenant colonel:

David Bouska, 18th Maintenance Operations Squadron; Richard Boutwell, 67th Fighter Squadron;

Coogan, 44th Fighter Joseph Squadron; Stephen Dobrinkski, 18th Operation Support Squadron; Scott Hebrink, 18th Aerospace Medicine Squadron; Douglas Hiestand, 33rd Rescue Squadron; Scott Hollister, 909th Air Refueling Squadron; Wayne Martin, 44th FS; David Schmidt, 18th Operation Support Squadron; Jeffrey Flint, 1st Special Operations Squadron.

Touching art



Sharon Gunselman, 18th Mission Support Group deputy comander, helps 6th-grade student John Beay at Amelia Earhart Intermediate School with a touch-screen digital art program during a visit Sept. 28.

Blessing pets



Lana Marcsh, wife of Marine Maj. Damien Marcsh, and daughters Meaghan, 9, and Marissa, 7, watch as Chaplain (Maj.) Randall Roberts shakes holy water on their dog Steringworth. The "Blessing of Pets" is an annual event recognizing the feast of Saint Francis of Assisi and celebrates the beauty of God's creations.

18th SVS changes membership deal

By Staff Sgt. Jason Lake 18th Wing Public Affairs

Being a club member just became a better deal - the 18th **Participating** Services Squadron locations recently added a price discount AirPower Cafe on goods and Platters Snack Bar

services pur-

chased at vari-

ous Services

18th Services

began offering

a 10 percent

discount to all

Air Force club

card holders

who show their

membership

Bonnie Runge,

18th Services

Marketing

director, the

According to

card.

On Oct. 1,

facilities.

• Tee House Restaurant • Aquatics
• Youth Center dues

- Teen Center dues • Risner Fitness Center Juice Bar & Sports Store
- Banyan Tree & Chibana golf courses

 Outdoor Recreation
- Emery Lanes & Skoshi
- Bowl
 Skills Development Center
- Karing Kennels
- Okuma Joint Recreation Facility

 Aero Club Information. Tickets and Trave

members and attract new ones.

"Kadena Services has incorporated the new program to

bring current and future members added

value," she said. Ms. Runge added that new club members will be entered to win \$1,500 toward an Information, Tickets and Travel tour. Current club members will get two chances to win \$1,500 or \$1,000 for an ITT tour.

People interested in becoming an Air Force club member can pick up an application at the Banvan Tree Rocker

goal of the Members Plus pro- NCO and Officers clubs.



USFJ commander thanks Kadena Airmen Lt. Gen. Wright hosts picnic for job well-done

Airmen received personal thanks Sept. 30 from both the wing commander and the commander of U.S. Forces Japan for strengthening the U.S.-Japan security alliance by nearly doubling mission capability rates for the 18th Wing's fleet of F-15 Eagles.

Air Force Lt. Gen. Bruce Wright flew from Yokota Air Base to the "home of the Shoguns" to treat Kadena members to an afternoon picnic at Marek Park in recognition of the wing's achievement.

"The stats don't even begin to describe what you all have done," General Wright told a crowd of nearly 700 Airmen and family members. "It's taken hard work, leadership, courage, and proud and professional Airmen."

During opening remarks, Brig. Gen. Jan-Marc Jouas, 18th Wing commander, thanked all wing Airmen, and specifically highlighted the work of 18th Wing maintainers for meeting wing readiness goals.

"There's no doubt in my mind who puts the power in airpower," said General Jouas. "Our combat capability begins and ends with maintenance. The mission of our Air Force is to fly and fight, but you know you've got to fix 'em before you fly 'em, and you've got to fix 'em after you fly 'em."

General Wright closed the official portion of the event by re-enlisting five Airmen and presenting achievement and commendation medals to five others, all from the 18th Main-



Wayne Knutson, 18th Services Squadron, serves lunch to Airmen 1st Class Alex LeBlanc and Clinton Ulrich, 18th Aircraft Maintenance Squadron, during the 'Eagle Effort Picnic' Sept. 30.

tenance Group.

"I don't know of any harder working, more accomplished group of Airmen in the United States Air Force today than this group I'm looking at." General Wright said during his remarks. "It's unbelievable what you've done to turn the mission capable rate around for the 18th Wing.

He specifically highlighted the tight relationship between Shogun operators and main-

"They knew in the ops group that they had to work closely with their maintainer brothers and sisters to pull this together," the general said. "They spent time briefing and debriefing with their dedicated crew chiefs and, more importantly, with the specialists to make sure these jets got fixed."

As a result of the combined effort, the general said "we're flying jets today that can go to war today, not just out on a training mission.

General Wright also pointed out that the 18th Operations Group devised creative ways to increase mission capable rates. and praised Shogun pilots for getting out of the flying squadrons and into maintenance back shops.

"Normally the weapons officers pretty much stay in the

flying squadron; they teach young lieutenants how to be the best fighter pilots possible," said the general. "Yours have been hanging out in the avionics squadron. They've been down there with you...working closely with specialists and flightline maintainers to fix airplanes.

"I can't imagine a better example of leadership and teamwork."

The Friday afternoon picnic, supported by the 18th Services Squadron, lasted approximately four hours and featured a performance by the Pacific Air Forces Band out of Yokota.

Compiled from staff reports

The Okinawa **Perspective**

The following is a synopsis of articles that appeared recently in Japanese newspapers.

☐ Okinawa Governor Keiichi Inamine said he would like to speak with President George Bush and Defense Secretary Donald Rumsfeld if they visit Japan in coming months. "I would like to convey our wishes, and explain our perspective and messages for a U.S. base reduction," he said.

☐ The Kadena Town Committee of the 400th Anniversary of the Introduction of the Sweet Potato by Noguni Sokan unveiled a monument commemorating the historic event during a ceremony alongside Highway 58 in Kadena Town Sept. 29 The festival celebrating the 400-year anniversary was rescheduled to Oct. 15-16 after a typhoon threatened to strike Okinawa last

☐ The body of a Japanese man killed in one of the suicide bombings in Bali last weekend returned home Tuesday. Aiko Kawasaki was one of two Japanese citizens killed on the Indonesian resort island while on a honeymoon with his wife Emi. [More than 20 people were killed and 130 people injured in three attacks.l

☐ The Japanese government will set up a panel to discuss countermeasures to the rapidly falling national birthrate prior to next summer. The government also plans to hold a meeting with top economic and labor officials in October before launching a national campaign for working families to take more time off to raise their children

Getting strapped in

Maj. Gen. Hiroyuki Takiwaki, 83rd Air Wing commander at Naha Air Base, gets strapped into a Kadena F-15 Eagle by Capt. Eric Armentrout, 67th Fighter Squadron pilot, as part of a week-long joint training exercise with the Japan Air Self Defense Force. The 18th Wing and JASDF train together throughout the year to sharpen joint warfighting skills and maintain strong relations.



OPINION? CALL US AT 634-5665 TO GET

Today

BANYAN TREE CLUB: Live rock music in the ballroom from 11

p.m. to 2 a.m.

• Flashback Friday in the lounge

from 5 to 10 p.m. ROCKER NCO CLUB: Rhythm and Blues party in the ballroom from 11 p.m. to close.

• Deja vu hits from 5 to 7 p.m.

Variety dance hits from 7 p.m. to

close.
OFFICERS CLUB: A "tonight's special" menu that changes every week will be held in the Flame Room

EMERY LANES: Thunder Bowl from 10 p.m. to 1 a.m. KADENA MARINA: A two-tank

night dive aboard the Sea Lady IV will be held. Divers need at least one of the following certifications to par-ticipate, "advanced open water diver" or night dive speciality. Call the scuba locker to register at 634-

TEEN CENTER: Power Hour from 2:30 to 3:30 p.m. for homework and other educational activities. Earn power points and cash them in for great prizes.

Saturday

BANYAN TREE CLUB: Super Ladies Night from 10 p.m. to 2 a.m. in the ballroom.

· Mainstream and Urban from 10 p.m. to 3 a.m.

ROCKER NCO CLUB: Top 40 variety dance music in the lounge from 7 p.m. to close.

OFFICERS CLUB: A "tonight's special" menu that changes every week will be held in the Flame

EMERY LANES: "Hook up 2 Bowling" at 11 a.m. Second of four classes for beginning bowlers 8 and older. Graduates will receive a bowling ball, bag and certificate.

KADENA MARINA: A free Dis-

cover Dive and Scuba review course will be held Oct. 22. For details call the Scuba Locker at 634-6344.

Sunday

BANYAN TREE CLUB: Game show mania and Top 40 variety music from 7 to 10 p.m.

ROCKER NCO CLUB: Jazz from to 8 p.m. in the lounge. Old and new variety from 8 p.m. to close.

Monday

BANYAN TREE CLUB: Jukebox

jams from 6 p.m. to close. ROCKER NCO CLUB: Game show night with a chance to win

\$500 in the cash cube in the lounge.

• Classic to Modern Rock from 7 to 11 p.m.

▲ Today

▲ Sunday....

▲ Monday...

▲ Tuesday

▲ Oct. 14.

▲ Oct 15

▲ Oct. 16.....

0 V I E

Patrons should call Keystone Theater at 634-1869 or Butler Theater at 645-3465 to verify movie titles, showtimes and ratings. * First Run shows are marked by a asterik.

Keystone Theater

Supercross, PG-13, 9 p.m.

▲ Saturday...Madagascar, G, noon

*Just Like Heaven, PG-13, 4 p.m.

Great Raid, R, 7 p.m.

.Madagascar, G. noon

Great Raid, R, 7 p.m.

Great Raid, R, 7 p.m.

.Valiant, G, 7 p.m.

.Valiant, G. noon

.Valiant, G. noon

Four Brothers, R, 9p.m.

Four Brothers , R, 4 p.m. Four Brothers , R, 7 p.m.

Four Brothers , R, 4 p.m. Four Brothers , R, 7 p.m.

▲ Wednesday..Great Raid, R, 7 p.m.

▲ Oct. 17......Valiant, G, 7 p.m.

▲ Thursday....Supercross, PG-13, 7 p.m.

...Supercross, PG-13, noon

*.lust Like Heaven PG-13 6 n.m.

*Just Like Heaven , PG-13, 4 p.m.

*Just Like Heaven , PG-13, 4 p.m.

*Just Like Heaven , PG-13, 7 p.m.

Underwater photography



Air Force/Staff Sgt. Chyrece E. Campbell

Carlton Furman, Jr., 4, son of Chief Master Sgt. Carlton Furman of the 18th Logistics Readiness Squadron, takes a photo of a fish at the Busena Underwater Observatory at the Busena Resort off Highway 58 in Nago City during an Information, Tickets and Travel tour. More than 35 people attended the monthly tour.

OFFICERS CLUB: Holiday hours are: Cafe Latte, 7:30 a.m. to 10 p.m.; membership service counter, 10 a.m. to 10 p.m. All other services

will be unavailable.
OFFICERS CLUB: Football frenzy begins at 7 p.m. Open to Officers Club members 20 years of age or

Tuesday

BANYAN TREE CLUB: Pool tournament at 7 p.m.
• Football frenzy from 7 p.m. to

ROCKER NCO CLUB: Office party from 5 to 7 p.m.
• Football frenzy from 7 to 11

OFFICERS CLUB: Twenty per-cent off regular menu items for Air Force club members in the Flame

Club card drawing at 6 p.m. for a chance to win between \$500 to

\$1,000. Open to Officers Club members 20 and older

KADENA MARINA Shift workers can still learn to scuba with day-time lessons by marina dive pros. Call the Scuba Locker at 634-6344 for details.

TEEN CENTER: Power Hour from 2:30 to 3:30 p.m. for homework and other educational activities. Earn power points and cash them in for great prizes

Wednesday

BANYAN TREE CLUB: Ladies night from 8 to 11 p.m.

• Dart tournament

starts at 7 p.m. For more information on the dart league contact Staff Sgt. Joseph Hale at 634-4428 or Johnny Pyrdol at 634-0644

ROCKER NCO CLUB: Jazz from 5 to 8 p.m. and Ladies night from 8 p.m. to close in

the lounge.
OFFICERS CLUB:

New York Strip for two for \$23.95 in the Flame Room.

. Club card drawing at 6 p.m. for chance to win \$500 to \$1,000 Open to Officers Club members 20 and older.

EMERY LANES: Draw a ping-

pong ball out of the jar after bowling from 8 a.m. to 5 p.m. and pay the price on the ball for each game bowled. Prices vary from a quarter to a dollar.

TEEN CENTER: Power Hour

from 2:30 to 3:30 p.m. for homework and other educational activities. Earn power points and cash them in for great prizes.

• Keystone Club meeting held

from 4 to 5 p.m. Join the club designed to help improve the teen center.

Thursday

BANYAN TREE CLUB: Country

music from 7 p.m. to 1 a.m.
ROCKER NCO CLUB: Reggae

in the lounge from 5 to 7 p.m., Krazy Karaoke from 7 to 11 p.m. OFFICERS CLUB: Prime Rib dinner for two for \$22.95 in the

Flame Room.

• Club card drawing at 6 p.m. for a chance to win \$500 to \$1,000. Open to Officers Club members 20 and older.

TEEN CENTER: Earn extra points with a logic problem solving challenge during Power Hour from 2:30 to 3:30 p.m.

Oct. 14

BANYAN TREE CLUB: Liverock music in the ballroom from 11 p.m. to 2 a.m.

 Flashback Friday in the lounge from 5 to 10 p.m.

ROCKER NCO CLUB: Rhythm

and Blues party in the ballroom from 11 p.m. to close. Deja vu hits from 5 to 7 p.m.,

Variety dance hits from 7 p.m. to close. OFFICERS CLUB: A "tonight's menu that changes every special"

close week will be held in the Flame EMERY LANES: Thunder Bowl

from 10 p.m. to 1 a.m. KADENA MARINA: A two-tank night dive aboard the Sea Lady IV

of the following certifications to participate, "advanced open water diver" or night dive specialty. Call the scuba locker to register at 634-6344

will be held. Divers need at least one

TEEN CENTER: Power Hour from 2:30 to 3:30 p.m. for homework and other educational activities. Earn power points and cash them in for great prizes.

Oct. 15

BANYAN TREE CLUB: Hip Hop Dirty South from 10 p.m. to close in the lounge.

 Latin, salsa and reggae music from 10 p.m. to close in the ballroom.

ROCKER NCO CLUB: Top 40 variety music in the lounge from 7 p.m. to close.

OFFICERS CLUB: Oktoberfest from 5 to 7 p.m. in the parking lot. Club members may bring a spouse or one guest who is not eligible to be a club member for free.

• A "tonight's special" menu that changes every week will be held in the Flame Room.

EMERY LANES: "Hook up 2 Bowling" at 11 a.m. Third of four classes for beginning bowlers 8 and older. Graduates will receive a bowling ball, bag and certificate.

KADENA MARINA: Shift workers can still learn to scuba with daytime lessons by marina dive pros. Call the scuba locker at 634-6344 for details.

Oct. 16

BANYAN TREE CLUB: Game show mania and Top 40 variety music from 7 to 10 p.m. ROCKER NCO CLUB: Jazz

from 5 to 8 p.m. in the lounge. Old and new variety music from 8 p.m. to close in the lounge.

Oct. 17

BANYAN TREE CLUB: Jukebox jams from 6 p.m. to

ROCKER NCO CLUB: Game show night with a chance to win \$500 in the cash cube in the lounge.

· Classic to modern rock

from 7 to 11 p.m.
OFFICERS CLUB: Football frenzy begins at 7 p.m. Open to Officers Club members 20 years of age or

· Mexican night in the Flame

· Club card drawing at 6 p.m. for a chance to win \$500 to \$1,000. Open to Officers Club members 20 and older.

TEEN CENTER: Keystone club meets at 5:30 p.m. to interact with Japanese youths at Ishimine Children's Home.

 Power Hour from 2:30 to 3:30 p.m. for homework and other educational activities. Earn power points and cash them in for great prizes

Oct. 18

BANYAN TREE CLUB: Pool

tournament at 7 p.m.
• Football frenzy from 7 p.m. to close

ROCKER NCO CLUB: Office party from 5 to 7 p.m.

• Football frenzy from 7 to 11 OFFICERS CLUB: Twenty per-

cent off regular menu items for Air Force club members in the Flame

· Club card drawing at 6 p.m. for a chance to win \$500 to \$1,000. Open to Officers Club members 20

and older

<u>Catholic</u> Monday through Friday: Mass, Chapel 2, *noon* ▲ Saturday: Confession, Chapel 2, 3:30 to 4:30 p.m

Vigil Mass, Chapel 2, 5 p.m. ▲ Sunday: Mass, Chapel 3, 8:45 a.m Mass, Chapel 1, 12:30 and 5 p.m

H A P

Protestant

Wednesday: Bible Study, Chapel 2, 7 p.m. ▲ Sunday: Inspirational, Chapel 2, 8:30 a.m. Liturgical, Chapel 3, 8:45 a.m. Evangelical, Chapel 1, 9 a.m. Evangelical, Chapel 1, 9 a m.
Traditional, Chapel 2, 10:30 a m.
Gospel, Chapel 3, 10:30 a m.
Sunday school, Bldg 3, 278.45 & 10:45 a m.

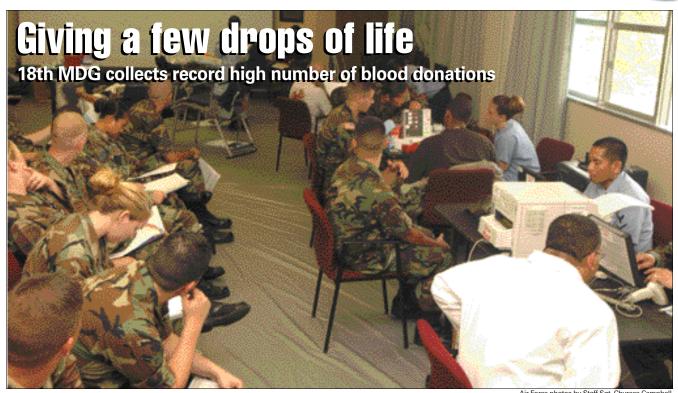
▲ Hindu service: Mondays, Chapel 1, noon.

▲ Eastern Orthodox services: Call 6:45-7486

▲ Jowish Services: Call 6:36-3219

▲ Islamic services: Call 6:36-3219





Air Force photos by Staff Sgt. Chyrece Campbell
Team Kadena members fill out questionnaires and wait their turn to donate blood during a drive hosted by the 18th Medical Group at the Kadena Clinic Sept. 30.
Air Force and Navy medics collected more than 100 units of blood a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be a some of which well be used to be used to be a some of which well be used to Air Force and Navy medics collected more than 100 units of blood -- some of which will be used to support continuing humanitarian relief efforts in the U.S. for Hurricane Katrina victims.



Navy Petty Officer 1st Class Michael Potratz draws blood from Jennifer Bielizna, a Department of Defense Dependent School civilian.







(clockwise from top)

MOVIE: Blood donors enjoyed movies and free food while making contributions. CLEAN: Tech. Sgt. Lora Garcia cleans the site before drawing blood from a donor. FOOD: Teresa Browne, wife of Maj. Joseph Browne of the 18th Medical Group, helps Airman Kristina Haslett, 18th Maintenance Operations Squadron, get some food after making a blood donation.